



# *Tucson Shambhala Meditation Center*

## **Sustaining Membership Form**

Thank you for joining our sangha! We are glad you are becoming a member of our community.

### **Please check all that apply:**

- Please add my name to the Tucson Shambhala Meditation Center (TSMC) email list for notices of Center Shambhala programs, classes and events. Check any of the Zoom Meetings below that you are interested in and we will add you to those specific email lists.
  - Daily (Mon-Sat) 8-9 AM Morning Meditation Zoom meetings.
  - Monday Night Reflections Group Zoom meeting.
  - Thursday night Sarpashana 6-7:30 PM (Buddhist recovery) Zoom meeting.
- I would like to meet with a Meditation Instructor.
- I would like to learn about volunteer opportunities to support the center.
- I would like information about the Shambhala Path of training.

### **There are three components to being a member:**

1. A commitment to your personal practice.
2. Volunteering at TSMC, as you can.
3. Financial contribution to sustain the local center

We recognize that everyone's financial circumstances are different, and we encourage members of our sangha to contribute an amount that makes sense for you. We know you will be as generous as your circumstances allow, however, we suggest \$15-30 per month, but \$5 is the minimum.

### **To begin monthly contributions and become a sustaining member of the Tucson Shambhala Meditation Center:**

1. Complete this Membership form and sign it, and save on your device as a pdf or word document. If you don't have a scanner, print it, sign it and take a picture.
2. Take a photo of a check: this is to give the routing and account number to the Shambhala Credit Union. Save that on your device. If you don't have a checkbook, then write, carefully and legibly, the routing and account number for your bank on your form.
3. Email both the filled out and signed form and the photo of your check to:
  - **Email:** [info@shambhalacreditunion.org](mailto:info@shambhalacreditunion.org), Attention: Sierra Hill
  - Copy to: Gary Jones, Treasurer, TSMC: [tucson.shambhala@gmail.com](mailto:tucson.shambhala@gmail.com). You can also email Gary if you have any doubts or questions about this form.
  - You can also mail it in if you wish, but then pls void the check.
    - **Mailing Address:** Sierra Hill, Shambhala Credit Union  
1345 Spruce Street  
Boulder, CO  
80302



# *Tucson Shambhala Meditation Center*

## **Financial Contribution Authorization**

### **Authorized Agreement for Pre-Arranged Payments ( ACH Debits):**

I/we authorize Shambhala Credit Union (SCU) to initiate debits from my/our checking/savings account indicated below, and to credit those charges to the Tucson Shambhala Meditation Center.

I/we understand that this authority will remain in full force and effect until SCU receives emailed or written notification of a change which may include stopping or changing amounts. Please allow for a reasonable amount of time for SCU to process your request, but stops or changes are usually processed within about 10 days.

In the event of an error, I/we acknowledge that corrections will be made providing SCU has been notified in writing of the error within 15 days following the issuance of the account statement or 45 days after posting, whichever comes first.

I/we authorize a monthly contribution in the amount of \$ \_\_\_\_\_ to be credited to the Tucson Shambhala Meditation Center on the 15th day of each month.

Name:

Phone:

Mailing Address: Street:

City:

State:

Zip:

Email:

Name of Bank or Credit Union:

City:

State:

Bank or Credit Union Phone:

Your Printed name(s):

Your Signature(s):

Date:

The banking numbers below are only needed if you are NOT emailing a photo of a check (PLS PRINT LEGIBLY):

Routing Number:

Account Number: